

## 5. BE CAREFUL ABOUT WHAT YOU POST

Think before you post! Do not post any personal information like your address or phone number online and do not post videos or photos that put you at risk or could embarrass you or your friend in the future.

## 6. BE CAREFUL WHAT YOU SHARE

Always keep your personal information to yourself. Never share your address, passwords, school name or phone number with anyone online.



## 7. LISTEN TO YOUR FEELINGS AND ACT IF YOU FEEL UNCOMFORTABLE

Always,, always tell a trusted adult if you hear or see anything that makes you feel scared, sad or confused.

## 8. MAKE SENSIBLE CHOICES

Always choose games and sites that are meant for your age. In school, make sure you only access what you have been told to access by the teacher.

PARKVIEW PRIMARY SCHOOL  
SPRINGWOOD DRIVE  
OAKWOOD  
DERBY  
DE21 2RQ



## TIPS ON HOW TO KEEP SAFE ONLINE



Remember, if anyone ever makes you feel uncomfortable online, tell a trusted adult!



## 1. BE A GOOD COMMUNICATOR

Use your manners at all times when you are online and never be rude or mean to anyone in emails, texts or conversations

## 2. ONLY ACCEPT GOOD COMMUNICATION

Make sure you only accept good communication from people who text, email or message you online. If anyone does not use good manners with you online, tell a trusted adult.

## 3. BE CAREFUL WHO YOU ACCEPT AS A FRIEND

Only accept friend requests from people you know well!

## 4. BE CAREFUL WHO YOU MEET

Only meet up with someone you met online if your parent says it's ok and they go with you.

You can always talk to a member of staff in school if something has upset you or made you feel uncomfortable online.

