

TRANSITION SUPPORT

There are many times in a person's life when transitions happen. This leaflet is to support those transitions which take place between schools and after formal education has ended.

Moving classes, or moving school can be a time of high anxiety for all children and young people; young people with SEND or a learning disability can sometimes find this time more difficult than others. The new class or new school can often come with a whole new routine, new people, and even a change of clothing such as a new uniform.

This leaflet hopes to provide some practical strategies which will make the transitions in your child's life a little easier.

Tips and hints to make the transition time a little easier

Start early, view places and discuss options both with the young person and any significant member of the wider family.

Be realistic about expectations, goals, plans etc.

Be clear to the young person about what to expect. If possible get photos of the new class staff, school entrance, classroom, eating area, and playground. Anywhere where the young person might use.

Find out about timescales for any applications.

Attend events which signpost to life after education and what to access in school holidays.

Be aware of how and where you can access information such as online, coffee mornings, parent's evenings and workshops.

Make sure the new staff working with your child have all the necessary information.

One page profile

A one page profile is a handy tool to use. It can come in several formats and is compiled by the young person themselves and the family that are closest to the young person. It generally outlines who the young person is, what they like or dislike as well as their needs. Please see the link below.

<http://helensandersonassociates.co.uk/person-centred-practice/one-page-profiles/one-page-profile-templates/>



We would like to thank Derby Opportunity Area for supporting this endeavour. We would also like to thank the schools that have contributed to this leaflet; St Andrews, St Martins, St Giles, Ivyhouse, Newtons Walk, and Kingsmead.

USEFUL LINKS

Several groups nationally have produced online available advice and support regarding transition.

- Planning For Transition from SEN magazine.
- Transition guide from NASEN.
- The School Run has helpful information to signpost parents to on SEND transition to secondary.
- Autism Education Trust's transition toolkit – www.autismeducationtrust.org.uk/resources/transition%20toolkit.aspx
- The National Autistic Society's toolkit: Transition from school to adult life – www.autism.org.uk/living-with-autism/education-and-transition/transition-from-school-to-adult-life.aspx
- Down's Syndrome Association's information pack 9 – www.downs-syndrome.org.uk/images/stories/DSA_documents/Information/PrimaryEducationPacks_2011/unit_9_primary.pdf

Useful local links that could provide support during time of transition.

The Lighthouse

thelighthouse@derby.gov.uk | 01332 256990

A multi-disciplinary, multi-agency service aiming to meet some of the needs of disabled children and their families. The team work with children and their families in Derby and some children and families in the south of Derbyshire, aged 0-17 years.

STePS Team

<https://stclaresschool.co.uk/steps/>

STePS (Specialist Teaching and Psychology Service) ASD Team provide a parent drop-in service that gives you an opportunity to meet other parents and to talk to our team for Children and Young People with Autism Spectrum Disorder.

New Community Achievement Team

01332 641305

Advice, guidance and support with meeting the needs of new arrival EAL pupils.
Support for initial language assessment.
One to one and group/ language/ curriculum support for EAL new arrivals.

Umbrella

01332 785658

We support children and young people aged 5 to 18 with any special need, including physical, sensory, learning & behavioural disabilities and additional needs. We are able to support a child or young person no matter what their disability as our services are person centred to meet individual needs.

Parent Carers together

<http://parentcarerstogether.com/>

The Forum is a voluntary group of parents and carers who want to make a difference. Helping to give all children and young people with special educational needs and disabilities the best possible future.

Smile

smile@jubilee.org.uk

Smile is a respite facility for children with additional needs aged over 5 years. Parents or carers are welcome to stay for a coffee and a chat or to take time out for themselves.

Funabil8y

reception@stjamescentre.org

The Fun-abil8y Service provides short break provision for over 130 young disabled people aged 3-18 years with a wide range of disabilities at our 8 specialist clubs, one-to-one in the community and programmes of activities in every holiday.

SENDIASS

<https://derbysendiass.org.uk/>

We can provide you with impartial information and advice suited to your specific needs as well as guiding you through the SEND processes and procedures. We're here to help when you're not sure of something, including:

- The law on SEND, health and social care.
- Personal budgets.
- Requesting Education Health Care Plans (EHCP) – formerly statutory assessment.
- The Local Offer (what is available in Derby).

Special Friends

info@special-friends.co.uk
www.facebook.com/specialfriendsbelper

A local charity that supports children with additional needs and their families within seven miles of Belper.