

PSED Curriculum Coverage Cycle 2

PSHE Matters: A PSHE curriculum for Primary Schools

Expected Vocabulary. NC Objectives. Intended activities. Additional knowledge for prior learning for KS2

<p>EYFS links</p> <p>Prime areas</p> <p>Physical Development: *Moving and Handling *Health and Self-Care</p> <p>Personal, Social and Emotional Development: *Making Relationships * Self Confidence and Self-Awareness * Managing Feelings and Emotions</p> <p>Communication and Language: * Listening and Attention * Understanding * Speaking</p>
<p>Specific Areas</p> <p>Literacy: *Reading *Writing</p> <p>Mathematics *Numbers *Shape, Space and Measure</p> <p>Understanding the World: *People and Communities * The World * Technology</p> <p>Expressive Arts and Design: *Exploring and Using Media and Materials *Being Imaginative</p>

Key stage 1		
Being Me / Autumn One	<p>L4 - Recognise they belong to different groups and communities such as family and school. L8 - Explore ways in which they are all unique. L9 - Identify ways in which we are the same as all other people; what we have in common with everyone else. R7 - Offer constructive support to others. R9 - Identify what makes them special.</p> <p>English – Non-chronological report – fact file – All about me</p> <p>Maths Place Value – Identify and represent numbers (Y1) Recognise and identify the values of a digit within a 2-digit number (Y2)</p>	Identity, special, different, unique, support, love, guidance, safety, fun, kindness, caring

<p>Drug Education / Autumn Two</p> <p>Core Theme: Health and Wellbeing: H1, H2, H11, H12, H15</p>	<p>Independent and self-awareness – Knowing who you are</p> <p>H1 - Exploring the importance of physical, mental and emotional health. H2 - Exploring how to make informed choices. H11 - Understanding the role of drugs as medicines. H11 - Identifying alternatives to taking medicines. H11 - Identifying that household products, including medicines, can be harmful if not used properly. H12 - Identifying rules for and ways of keeping safe. H15 - Recognising they have a shared responsibility for keeping themselves and others safe.</p> <p>English- Persuasion – Leaflet educating about drugs</p> <p>Maths – Measurements – Measure and record capacity and volume</p> <p>Independent and self-awareness – Knowing how to make informed choices</p> <p>Communicator – Being able to explain with detail</p>	<p>Medicine, vaccination, paracetamol, antibiotics, insulin, swallowed, injected, inhaled, absorbed, temperature, infection, asthma</p>
<p>Growing Up / Spring One</p> <p>Core Themes: Health and Wellbeing: H8, H9, H10, H13, H15, H16, Relationships: R3, R8, R10 Living in the Wider World: L8</p>	<p>H8 - The process of growing from young to old. H9 - Exploring growing and changing and becoming independent. H10 - The correct names for the main parts of the body (including external genitalia). H13 - Identifying people who they can ask for help and think about how they might do that. H15, R3 - Identifying ways of keeping safe and knowing they do not keep secrets. H16 - About privacy in different contexts. H16 - About respecting the needs of ourselves and other people. R8 - Identifying similarities and difference. R10 - What physical contact is acceptable. L8 - That everybody is unique</p> <p>Please note links with statutory requirements in Science - the Year 1 and 2 National Science Curriculum Programme of Study states that children should be taught to:</p> <ul style="list-style-type: none"> Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense. Notice that animals, including humans, have offspring which grow into adults. <p>English – Reading comprehension develop pleasure in reading, motivation to read, vocabulary and understanding</p> <p>Maths – Place Value – counting multiples of 2s,5s & 10s (Y1) & 3s (Y2)</p> <p>Communicator – Being able to explain with detail and understanding</p> <p>Independent and self-awareness – Knowing your body</p>	<p>Boy, girl, male, female, skills, stereotype, penis, vulva, vagina, body language, secret, surprise, exclude others, uncomfortable</p>

<p>Changes / Spring Two</p> <p>Core Theme: Health and Wellbeing: H5, H8, H9, H13</p>	<p>H5 - Exploring what change means. H5 - Exploring loss and change and the associated feelings. H8 - Exploring the changes of growing from young to old. H9 - Managing change positively. H13 - Identifying strategies and where to go for help</p> <p>English – Narrative – Story with a change within in – Use The Very Hungry Caterpillar to help</p> <p>Maths – Measurements- tell the time to the hour or half past (Y1) tell and write the time to 5 minutes (Y2)</p> <p>Curious – Exploring feelings</p> <p>Communicator – Talking about our feelings</p>	<p>Changes, feelings, weather, seasons, friendships, opinions, short-term, permanent, loss</p>
<p>Money Matters / Summer One</p> <p>Core Theme: Living in the Wider World: L6, L7</p>	<p>L6 - Recognising what money looks like. L6 - Identifying how money is obtained. L6 - Understanding the ways money can be used. L7 - Understanding how to keep money safe and what influences choices.</p> <p>English – Recount – Diary – You’ve been given some pocket money for the first time</p> <p>Maths – Measurement – recognise and know the value of different coins and notes (Y1) to recognise and use £ and p (Y2)</p> <p>Numerate – Use our maths skills to ensure we know how to keep our money safe</p>	<p>Money, coins, notes, cost, ATM, debit card, spend, save, share, want, need, bank, profit, cash, cheque</p>
<p>Being Safe/ Summer Two</p> <p>Core Themes: Health and Wellbeing: H11, H12, H13, H14, H15, H16 Living in the Wider World: L2, L1</p>	<p>H11 - Identifying household products are hazards if not used properly. H12 - Exploring rules for and ways of keeping safe in a range of situations. H13 - Knowing who to go to if they are worried. H14, H15 - Recognising that they share a responsibility for keeping themselves and others safe. H16 - Exploring what is ‘privacy’; their right to keep things private and the importance of respecting others’ privacy. L2 - Understanding why rules are important in keeping us safe. L10 - Identifying people who work in the community and how to ask for help.</p> <p>English –Persuasion- Poster – about keeping safe and using the stop, look and listen</p> <p>Maths – Geometry- positions and direction – using mathematical vocabulary to describe a position, give directions</p> <p>Independent and self-awareness – Being responsible</p> <p>Communicator – Knowing when to ask for help</p>	<p>Hazards, help, emergency, 999, unsafe, Know the Road, Stop, Look and Listen, online, username, personal information, upsetting, confusing, privacy, passwords, email address, body parts</p>

Expected Vocabulary. NC Objectives. Intended activities. **Additional knowledge for upper year groups**

Lower Key Stage 2	Curriculum Objective	Vocab
<p>Being Me / Autumn One</p> <p>Core Themes: Living in the Wider World: L7, L9, L11 Relationships: R10, R13</p>	<p>L7 - Exploring different kinds of responsibilities at school and in the community. L9 - Identifying what being part of a community means. L11 - Appreciate the range of identities in the UK. R10 - Listen and respond respectfully. R13 - Identifying that differences and similarities between people arise from a number of factors.</p> <p>English – Non-chronological report – fact file – All about me Maths Place Value – Identify, represent and estimate numbers using different representations Independent and self-awareness – Knowing who you are</p>	<p>Personality, attitudes, interests, culture, beliefs, clones, proud, sense of belonging, race, gender, sex, interests, style, aspirations, important responsibilities, community, symbol</p>
<p>Drug Education / Autumn Two</p> <p>Core Theme: Health and Wellbeing: H2, H9, H10, H11, H14, H17, H21, H23</p>	<p>H2 - Recognising how to make informed choices. H9 - Understanding that people have different attitudes to risk. H10, H11 - Recognising, predicting and assessing risks in different situations. H14 - Where to get help and how to ask for help. H17 - Distinguishing between safe and harmful and to know some substances can be harmful if misused. H21, H23 - Learning rules about staying safe.</p> <p>English- Persuasion – Leaflet educating about drugs Maths – Measurements – Measure and record capacity and volume Independent and self-awareness – Knowing how to make informed choices Communicator – Being able to explain with detail</p>	<p>Allergies, diabetes, insulin, monitor, medicine bottle, confectionary, inhaler, e-cigarette, cleaning agents, energy drink, vitamins, alcohol, misused, consequence, risk, syringe.</p>
<p>Growing Up / Spring One</p> <p>Core Themes: Health and Wellbeing: H4, H5, H8, H12, H18, H20 Relationships: R4, R8, R13, R16</p>	<p>H4 - That images in the media do not always reflect reality. H5 - Celebrate our strengths/qualities. H8 - About the kind of changes that happen in life and the associated feelings. H12 - That simple hygiene routine can prevent the spread of bacteria. H18 - About the changes that happen as they grow up. H20 - The right to protect our bodies. R4 - About differences and similarities between people, but understand everyone is equal. R8 - About the difference between acceptable and unacceptable physical contact. R13 - Knowing the names of the body parts. R16 - Recognise and challenge stereotypes.</p> <p>English – Reading comprehension to develop positive attitudes to reading and understanding of what they read</p>	<p>Womb, breast, umbilical cord, ovaries, testicles, puberty, period, sanitary towels, aspirations, diversity, young, teenager, foetus, personal hygiene, sweat, odour, positive qualities, physical appearance</p>

	<p>Maths – Place Value – counting multiples of 4, 8, 50 and 100s (Y3) 6, 7, 9, 25 & 1000 (Y4)</p> <p>Communicator – Being able to explain with detail and understanding</p> <p>Independent and self-awareness – Knowing your body</p>	
<p>Changes / Spring Two</p> <p>Core Theme: Health and Wellbeing: H6, H7, H8, H14</p>	<p>H6 - Understanding good and not so good feelings including their range and intensity. H7 - Developing an understanding that change can cause conflicting emotions. H7 - Acknowledging, exploring and identifying how to manage change positively. H8 - Exploring changes. H14 - Knowing where to go for help and how to ask for help.</p> <p>English – Narrative – Story with a change within in – Use The Snowman to support</p> <p>Maths – Measurements- read time with increasing accuracy to the nearest minute (Y3) solve problems involving converting from hours to minutes: minutes to seconds (Y4)</p> <p>Curious – Exploring feelings</p> <p>Communicator – Talking about our feelings</p>	<p>Comfortable, uncomfortable, positive, difficult, conflicting emotions, supportive, struggling, death</p>
<p>Money Matters / Summer One</p> <p>Core Themes: Living in the Wider World: L10, L12, L13, L14, L16</p>	<p>L10 - Identify the role of voluntary and charity groups. L12 - Understanding different values and customs. L13 - Exploring how to manage money. L13 - Explaining the importance of money in people’s lives and how money is obtained. L14 - Understanding the concepts of interest, loan, debt and tax. L16 - Understanding enterprise and begin to develop enterprise skills</p> <p>English – Recount – Diary – You’ve been given £1000 pocket money what will you do with it?</p> <p>Maths – Measurement – Add and subtract amounts of money to give change (Y3) Fractions – solve simple measure and money problems (Y4)</p> <p>Numerate – Use our maths skills to ensure we know how to keep our money safe</p>	<p>Earn, job, skills, important, interest, loan, debt, tax, enterprise, spend, save, donate, fundraising, charity</p>
<p>Being Safe / Summer Two</p> <p>Core Theme: Health and Wellbeing: H2, H10, H11, H15, H21, H22, H23, H24, H25</p>	<p>H2 - Understanding how to make informed choices. H10 - Exploring how to recognise, predict and assess risks in different situations. H11 - Understanding that increased independence brings increased responsibility to keep themselves safe. H15 - Understanding how rules can keep them safe. H15 - Identifying where and how to get help. H21 - Developing strategies for keeping physically and emotionally safe in different situations. H22 - Understanding the importance of protecting</p>	<p>Green Cross Code, hazards, appropriate touching, consent, persisting, unfriend, block, report, avoid, support, comfort</p>

	<p>information particularly online. H23, H24, H25 - Understanding how to become digitally responsible.</p> <p>English –Persuasion- Poster – about keeping safe on the road using the green cross code</p> <p>Maths – Geometry- positions and direction – describe movements between positions as translations of a given unit to the left/right and up/down</p> <p>Independent and self-awareness – Being responsible</p> <p>Communicator – Knowing when to ask for help</p>	
Upper Key Stage 2		
<p>Being Me / Autumn One</p> <p>Core Themes: Living in the Wider World: L7, L9</p> <p>Relationships: R13</p>	<p>L7 - Exploring different kinds of responsibilities at school and in the community. L9 - Identifying what being part of a community means. R13 - Identifying that differences and similarities between people arise from a number of factors.</p> <p>English – Non-chronological report – fact file – All about me</p> <p>Maths Place Value – Identify the place value in large numbers and within negative numbers</p> <p>Independent and self-awareness – Knowing who you are</p>	<p>Talents, skills, abilities, similarities, difference, thoughtful, personality traits, strengths/ weaknesses, interests, hobbies, likes/ dislikes, attitude, aspirations, beliefs, quirks, proud, community</p>
<p>Drug Education / Autumn Two</p> <p>Core Theme: Health and Wellbeing: H2, H10, H13, H14, H15, H16, H1</p>	<p>H2 - Knowing how to make informed choices. H10, H17 - Identifying a range of drugs/substances and assessing some of the risks/effects. H13 - Identifying influences and when an influence becomes a pressure. H14 - Developing skills of how to ask for help. H15 - Identify basic emergency procedures. H16 - Understanding the term 'habit' and why habits can be hard to change</p> <p>English- Persuasion – Leaflet educating about drugs</p> <p>Maths – Measurements – Measure estimate volume and capacity</p> <p>Independent and self-awareness – Knowing how to make informed choices</p> <p>Communicator – Being able to explain with detail</p>	<p>Caffeine, equivalent, decay, extractions, obesity, addictive, diseases, drunk, function, organs, collapsed, habit, chemicals, substances, cigarettes, influences.</p>
<p>Growing Up / Spring One</p>	<p>H4 - Exploring how images in the media and online do not always reflect reality. H6 - Identify the intensity of feelings. H7 - Recognising conflicting feelings. H12 - That simple hygiene routine can prevent the spread of bacteria. H13 - Identify pressures and influences. H18 - Understanding changes that happen at puberty. H19 - Understanding what puberty and</p>	<p>Puberty, testicles, sperm, eggs, develop, adolescent, emotional changes, physical changes, self-conscious, embarrassed, healthy relationship, love, airbrushing, filters, selfie</p>

<p>Core Themes: Health and Wellbeing: H4, H6, H7, H12, H13, H18, H19 Relationship: R2, R5, R13 Living in the Wider World: L1</p>	<p>human reproduction is. R2- Identifying qualities of a healthy relationship R5 - About committed loving relationships. R13 - About differences and similarities between people, but understand everyone is equal. L1 - Debate topical issues</p> <p>Please note links with statutory requirements in Science - the Year 1 and 2 National Science Curriculum Programme of Study states that children should be taught to: • Describe the life process of reproduction in some plants and animals. • Describe the changes as humans develop to old age</p> <p>English – Reading comprehension to maintain positive attitudes to reading and understanding of what they read</p> <p>Maths – multiplication and division – identify multiples and factors (Y5) identify common multiples, factors and prime numbers (Y6)</p> <p>Communicator – Being able to explain with detail and understanding</p> <p>Independent and self-awareness – Knowing your body</p>	
<p>Changes / Spring Two</p> <p>Core Theme: Health and Wellbeing: H6, H7, H8, H14</p>	<p>H6 - Explaining intensity of feelings. H6 - Exploring and managing the difficult emotions. H7 - Acknowledging and managing change positively. H8 - Managing transition to secondary school. H8 - Exploring and managing loss, separation, divorce and bereavement. H14 - Practising asking for help and knowing where to go for help</p> <p>English – Narrative – Story with a change within in – Use the scene from Narnia when the children are getting onto the train, explore emotions</p> <p>Maths – Measurements- solve problems including converting between units of time</p> <p>Curious – Exploring feelings</p> <p>Communicator – Talking about our feelings</p>	<p>Transition, conflicting emotions, stress, anxiety, worries, solutions, self-care, coping strategies</p>
<p>Money Matters / Summer One</p> <p>Core Themes: Living in the Wider World: L13, L14, L15, L16, L18 Relationships: R15</p>	<p>L13 - Understand how finance plays an important part in people’s lives. L13 - Understanding about being a critical consumer. L14 - Developing an understanding of the concepts of interest, loan, debt and tax. L15 - Identifying how resources are allocated and the effects on individuals, communities and the environment. L16 - Developing enterprise skills. L18 - Critiquing how social media presents information. R15 -Recognising and managing dares.</p> <p>English – Recount – Diary – You’ve been given £1000 pocket money What will you do with it?</p>	<p>Advertising, manufacturing, techniques, product, critical consumer, save, borrow, loan, steal, wait, debt, interest, HMRC, tax, council tax, bills, fair trade, employability, entrepreneur, profit margin,</p>

	<p>Maths – Measurement – use all four operations to solve problems involving measure (for example, length, mass, volume, money) using decimal notations, including scaling</p> <p>Numerate – Use our maths skills to ensure we know how to keep our money safe</p>	
<p>Being Safe / Summer Two</p> <p>Core Theme: Health and Wellbeing: H2, H10, H11, H15, H16, H21, H22, H23, H25</p>	<p>H2 - Understanding how to make informed choices. H10 - Exploring how to recognise, predict and assess risks in different situations. H11 - Understanding that increased independence brings increased responsibility to keep themselves safe. H15 - Explaining how rules can keep them safe. H15 - Identifying where and how to get help. H16 - Understanding the term 'habit.' H21 - Developing strategies for keeping physically and emotionally safe in different situations. H22 - Understanding the importance of protecting information particularly online. H23, H24, H25 - Understanding how to become digitally responsible.</p> <p>English –Persuasion- Poster – about keeping safe and protecting your information</p> <p>Maths – Geometry- positions and direction – describe positions on the full coordinate grid</p> <p>Independent and self-awareness – Being responsible</p> <p>Communicator – Knowing when to ask for help</p>	<p>Pedestrian, independent, risk, hazard, danger, habit, addictive, social media, body image, fear of missing out, 'likes', secret, extremism, critical thinking, blogs, live streaming, online gaming</p>