

**PSED Curriculum Coverage Cycle 2**

**PSHE Matters: A PSHE curriculum for Primary Schools**

**Expected Vocabulary. NC Objectives. Intended activities. Prior knowledge – must be revisited before new content taught**

**Opportunities for: Maths, English, Enrichment opportunities, 10 key skills.**

Key stage 1		
<p>Being Me / Autumn One</p> <p>Core Themes: Living in the Wider World: L4, L8, L9 Relationships: R7, R9</p>	<p>L4 - Recognise they belong to different groups and communities such as family and school. L8 - Explore ways in which they are all unique. L9 - Identify ways in which we are the same as all other people; what we have in common with everyone else. R7 - Offer constructive support to others. R9 - Identify what makes them special.</p> <p>English – Non-chronological report – fact file – All about me            Maths Place Value – Identify and represent numbers (Y1)            Recognise and identify the values of a digit within a 2-digit number (Y2)            10 key skills – valuing others, communicator, curious</p> <p><b>Valuing</b></p> <p><b>Communicator</b></p> <p><b>Curious</b></p> <p>EO – visitor in to talk about themselves, related to age, religion etc</p>	<p>Identity, special, different, unique, support, love, guidance, safety, fun, kindness, caring</p>
<p>Drug Education / Autumn Two</p> <p>Core Theme: Health and Wellbeing: H1, H2, H11, H12, H15</p>	<p>H1 - Exploring the importance of physical, mental and emotional health. H2 - Exploring how to make informed choices. H11 - Understanding the role of drugs as medicines. H11 - Identifying alternatives to taking medicines. H11 - Identifying that household products, including medicines, can be harmful if not</p>	<p>Medicine, vaccination, paracetamol, antibiotics, insulin, swallowed, injected, inhaled, absorbed, temperature, infection, asthma</p>

used properly. H12 - Identifying rules for and ways of keeping safe. H15 - Recognising they have a shared responsibility for keeping themselves and others safe.

English- Persuasion – Leaflet educating about drugs

Maths – Measurements – Measure and record capacity and volume

10 key skills – independent and self-aware

Independent  
and self-  
aware

EO – Looking at braille and how important it is to place on medicine containers

### Growing Up / Spring One

Core Themes: Health and Wellbeing: H8, H9, H10, H13, H15, H16, Relationships: R3, R8, R10 Living in the Wider World: L8

H8 - The process of growing from young to old. H9 - Exploring growing and changing and becoming independent. H10 - The correct names for the main parts of the body (including external genitalia). H13 - Identifying people who they can ask for help and think about how they might do that. H15, R3 - Identifying ways of keeping safe and knowing they do not keep secrets. H16 - About privacy in different contexts. H16 - About respecting the needs of ourselves and other people. R8 - Identifying similarities and difference. R10 - What physical contact is acceptable. L8 - That everybody is unique

Please note links with statutory requirements in Science - the Year 1 and 2 National Science Curriculum Programme of Study states that children should be taught to: • Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense. • Notice that animals, including humans, have offspring which grow into adults.

English – Reading comprehension develop pleasure in reading, motivation to read, vocabulary and understanding

Maths – Place Value – counting multiples of 2s, 5s & 10s (Y1) & 3s (Y2)

10 key skills - independent and self-aware, curious, communicator

Boy, girl, male, female, skills, stereotype, penis, vulva, vagina, body language, secret, surprise, exclude others, uncomfortable

	<p>Independent and self-aware</p> <p>Curious</p> <p>Communicator</p> <p>EO – Visitors – baby visit, pregnant parent,</p>	
<p>Changes / Spring Two</p> <p>Core Theme: Health and Wellbeing: H5, H8, H9, H13</p>	<p>H5 - Exploring what change means. H5 - Exploring loss and change and the associated feelings. H8 - Exploring the changes of growing from young to old. H9 - Managing change positively. H13 - Identifying strategies and where to go for help</p> <p>English – Narrative – Story with a change within in – Use The Very Hungry Caterpillar to help</p> <p>Maths – Measurements- tell the time to the hour or half past (Y1) tell and write the time to 5 minutes (Y2)</p> <p>10 key skills – curious, communicator</p> <p>Curious</p> <p>Communicator</p> <p>EO – Drama – act out age changes, what are their preconceptions?</p>	<p>Changes, feelings, weather, seasons, friendships, opinions, short-term, permanent, loss</p>
<p>Money Matters / Summer One</p> <p>Core Theme: Living in the Wider World: L6, L7</p>	<p>L6 - Recognising what money looks like. L6 - Identifying how money is obtained. L6 - Understanding the ways money can be used. L7 - Understanding how to keep money safe and what influences choices.</p> <p>English – Recount – Diary – You've been given some pocket money for the first time</p> <p>Maths – Measurement – recognise and know the value of different coins and notes (Y1) to recognise and use £ and p (Y2)</p> <p>10 key skills – valuing, numerate</p> <p>Valuing</p>	<p>Money, coins, notes, cost, ATM, debit card, spend, save, share, want, need, bank, profit, cash, cheque</p>

	<p><b>Numerate</b></p> <p>EO – visitor from the bank. Set up roleplay</p>	
<p>Being Safe/ Summer Two</p> <p>Core Themes: Health and Wellbeing: H11, H12, H13, H14, H15, H16 Living in the Wider World: L2, L1</p>	<p>H11 - Identifying household products are hazards if not used properly. H12 - Exploring rules for and ways of keeping safe in a range of situations. H13 - Knowing who to go to if they are worried. H14, H15 - Recognising that they share a responsibility for keeping themselves and others safe. H16 - Exploring what is 'privacy'; their right to keep things private and the importance of respecting others' privacy. L2 - Understanding why rules are important in keeping us safe. L10 - Identifying people who work in the community and how to ask for help.</p> <p>English –Persuasion- Poster – about keeping safe and using the stop, look and listen</p> <p>Maths – Geometry- positions and direction – using mathematical vocabulary to describe a position, give directions</p> <p>10 key skills – communicator, valuing, resilience</p> <p><b>Communicator</b></p> <p><b>Valuing</b></p> <p><b>Resilience</b></p> <p>EO – Poster work, put around school, present in an assembly.</p>	<p>Hazards, help, emergency, 999, unsafe, Know the Road, Stop, Look and Listen, online, username, personal information, upsetting, confusing, privacy, passwords, email address, body parts</p>

**PSED Curriculum Coverage: Key Stage Two**

**Expected Vocabulary. NC Objectives. Intended activities. Prior knowledge – must be revisited before new content taught**

Lower Key Stage 2	Curriculum Objective	Vocab
<p>Being Me / Autumn One</p> <p>Core Themes: Living in the Wider World: L7, L9, L11 Relationships: R10, R13</p>	<p>L7 - Exploring different kinds of responsibilities at school and in the community. L9 - Identifying what being part of a community means. L11 - Appreciate the range of identities in the UK. R10 - Listen and respond respectfully. R13 - Identifying that differences and similarities between people arise from a number of factors.</p>	<p>Personality, attitudes, interests, culture, beliefs, clones, proud, sense of belonging, race, gender, sex, interests, style, aspirations, important, responsibilities, community, symbol</p>

English – Non-chronological report – fact file – All about me  
Maths Place Value – Identify, represent and estimate numbers using different representations  
10 key skills – communicator, valuing, curious

Communicator

Valuing

Curious

EO – Link to RE areas – identities, listen to a range of different cultural music

Drug Education / Autumn Two

Core Theme: Health and Wellbeing: H2, H9, H10, H11, H14, H17, H21, H23

H2 - Recognising how to make informed choices. H9 - Understanding that people have different attitudes to risk. H10, H11 - Recognising, predicting and assessing risks in different situations. H14 - Where to get help and how to ask for help. H17 - Distinguishing between safe and harmful and to know some substances can be harmful if misused. H21, H23 - Learning rules about staying safe.

English- Persuasion – Leaflet educating about drugs

Maths – Measurements – Measure and record capacity and volume

10 key skills – independent and self-aware, communicator

Independent and self-aware

Communicator

Allergies, diabetes, insulin, monitor, medicine bottle, confectionary, inhaler, e-cigarette, cleaning agents, energy drink, vitamins, alcohol, misused, consequence, risk, syringe.

Growing Up / Spring One

H4 - That images in the media do not always reflect reality. H5 - Celebrate our strengths/qualities. H8 - About the kind of changes that happen in life and the associated feelings. H12 - That simple hygiene routine can prevent the spread of bacteria. H18 - About the changes that happen as they grow up. H20 - The right to

Womb, breast, umbilical cord, ovaries, testicles, puberty, period, sanitary towels, aspirations, diversity, young, teenager, foetus, personal hygiene, sweat, odour, positive qualities, physical appearance

<p>Core Themes: Health and Wellbeing: H4, H5, H8, H12, H18, H20 Relationships: R4, R8, R13, R16</p>	<p>protect our bodies. R4 - About differences and similarities between people, but understand everyone is equal. R8 - About the difference between acceptable and unacceptable physical contact. R13 - Knowing the names of the body parts. R16 - Recognise and challenge stereotypes.</p> <p>English – Reading comprehension to develop positive attitudes to reading and understanding of what they read</p> <p>Maths – Place Value – counting multiples of 4, 8, 50 and 100s (Y3) 6, 7, 9, 25 &amp; 1000 (Y4)</p> <p>10 key skills – independent and self-aware</p> <p>Independent and self-aware</p> <p>EO – story related prompts / links – the twits – health and wellbeing (film)</p>	
<p>Changes / Spring Two</p> <p>Core Theme: Health and Wellbeing: H6, H7, H8, H14</p>	<p>H6 - Understanding good and not so good feelings including their range and intensity. H7 - Developing an understanding that change can cause conflicting emotions. H7 - Acknowledging, exploring and identifying how to manage change positively. H8 - Exploring changes. H14 - Knowing where to go for help and how to ask for help.</p> <p>English – Narrative – Story with a change within in – Use The Snowman to support</p> <p>Maths – Measurements- read time with increasing accuracy to the nearest minute (Y3) solve problems involving converting from hours to minutes: minutes to seconds (Y4)</p> <p>10 key skills – resilience, valuing, curious</p> <p>Resilience</p> <p>Valuing</p> <p>Curious</p> <p>EO – Film – range of emotions - emoji</p>	<p>Comfortable, uncomfortable, positive, difficult, conflicting emotions, supportive, struggling, death</p>

<p>Money Matters / Summer One</p> <p>Core Themes: Living in the Wider World: L10, L12, L13, L14, L16</p>	<p>L10 - Identify the role of voluntary and charity groups. L12 - Understanding different values and customs. L13 - Exploring how to manage money. L13 - Explaining the importance of money in people's lives and how money is obtained. L14 - Understanding the <b>concepts of interest, loan, debt and tax</b>. L16 - Understanding enterprise and begin to develop enterprise skills</p> <p>English – Recount – Diary – You've been given £1000 pocket money what will you do with it?</p> <p>Maths – Measurement – Add and subtract amounts of money to give change (Y3) Fractions – solve simple measure and money problems (Y4)</p> <p>10 key skills – numerate, independent and self-aware, team player, challenge</p> <p><b>Numerate</b></p> <p><b>Independent and self-aware</b></p> <p><b>Team player</b></p> <p><b>Challenge</b></p> <p>EO – visit to a bank or from a banking person</p> <p>EO – schools enterprise activity related to PFA at Summer fair</p>	<p>Earn, job, skills, important, interest, loan, debt, tax, enterprise, spend, save, donate, fundraising, charity</p>
<p>Being Safe / Summer Two</p> <p>Core Theme: Health and Wellbeing: H2, H10, H11, H15, H21, H22, H23, H24, H25</p>	<p>H2 - Understanding how to make informed choices. H10 - Exploring how to recognise, predict and assess risks in different situations. H11 - Understanding that increased independence brings increased responsibility to keep themselves safe. H15 - Understanding how rules can keep them safe. H15 - Identifying where and how to get help. H21 - Developing strategies for keeping physically and emotionally safe in different situations. H22 - Understanding the importance of protecting information particularly online. H23, H24, H25 - Understanding how to become digitally responsible.</p>	<p>Green Cross Code, hazards, appropriate touching, consent, persisting, unfriend, block, report, avoid, support, comfort</p>

	<p>English –Persuasion- Poster – about keeping safe on the road using the green cross code</p> <p>Maths – Geometry- positions and direction – describe movements between positions as translations of a given unit to the left/right and up/down</p> <p>10 key skills – independent and self-aware, communicator, resilience</p> <p>Independent and self-aware</p> <p>Communicator</p> <p>Resilience</p> <p>EO – Link to safety week in March – Road, rail, water, first Aid</p>	
Upper Key Stage 2		
<p>Being Me / Autumn One</p> <p>Core Themes: Living in the Wider World: L7, L9 Relationships: R13</p>	<p>L7 - Exploring different kinds of responsibilities at school and in the community. L9 - Identifying what being part of a community means. R13 - Identifying that differences and similarities between people arise from a number of factors.</p> <p>English – Non-chronological report – fact file – All about me</p> <p>Maths Place Value – Identify the place value in large numbers and within negative numbers</p> <p>10 key skills – communicator, team player</p> <p>Communicator</p> <p>Team player</p> <p>EO - Create a link with an organisation in the community – OAP, gardening, Church group?</p>	<p>Talents, skills, abilities, similarities, difference, thoughtful, personality traits, strengths/ weaknesses, interests, hobbies, likes/ dislikes, attitude, aspirations, beliefs, quirks, proud, community</p>
Drug Education / Autumn Two	<p>H2 - Knowing how to make informed choices. H10, H17 - Identifying a range of drugs/substances and assessing some of the risks/effects. H13 - identifying influences and when an</p>	<p>Caffeine, equivalent, decay, extractions, obesity, addictive, diseases, drunk, function, organs, collapsed, habit,</p>

<p>Core Theme: Health and Wellbeing: H2, H10, H13, H14, H15, H16, H1</p>	<p>influence becomes a pressure. H14 - Developing skills of how to ask for help. H15 - Identify basic emergency procedures. H16 - Understanding the term 'habit' and why habits can be hard to change</p> <p>English- Persuasion – Leaflet educating about drugs</p> <p>Maths – Measurements – Measure estimate volume and capacity</p> <p>10 key skills – independent and self-aware, resilience</p> <p>Independent and self-aware</p> <p>Resilience</p> <p>EO – Visit from the school nurse?</p> <p>EO – related to schools Safety awareness day</p>	<p>chemicals, substances, cigarettes, influences.</p>
<p>Growing Up / Spring One</p> <p>Core Themes: Health and Wellbeing: H4, H6, H7, H12, H13, H18, H19 Relationship: R2, R5, R13 Living in the Wider World: L1</p>	<p>H4 - Exploring how images in the media and online do not always reflect reality. H6 - Identify the intensity of feelings. H7 - Recognising conflicting feelings. H12 - That simple hygiene routine can prevent the spread of bacteria. H13 - Identify pressures and influences. H18 - Understanding changes that happen at puberty. H19 - Understanding what puberty and human reproduction is. R2- Identifying qualities of a healthy relationship R5 - About committed loving relationships. R13 - About differences and similarities between people, but understand everyone is equal. L1 - Debate topical issues</p> <p>Please note links with statutory requirements in Science - the Year 1 and 2 National Science Curriculum Programme of Study states that children should be taught to:</p> <ul style="list-style-type: none"> <li>Describe the life process of reproduction in some plants and animals.</li> <li>Describe the changes as humans develop to old age</li> </ul> <p>English – Reading comprehension to maintain positive attitudes to reading and understanding of what they read</p> <p>Maths – multiplication and division – identify multiples and factors (Y5) identify common multiples, factors and prime numbers (Y6)</p> <p>10 key skills – independent and self-aware, communicator</p>	<p>Puberty, testicles, sperm, eggs, develop, adolescent, emotional changes, physical changes, self-conscious, embarrassed, healthy relationship, love, airbrushing, filters, selfie</p>

	<p>Independent and self-aware</p> <p>Communicator</p> <p>EO – relate to diversity week – relationships, differences Mixed groups (Y5/6) for Sex Ed talks</p>	
<p>Changes / Spring Two</p> <p>Core Theme: Health and Wellbeing: H6, H7, H8, H14</p>	<p>H6 - Explaining intensity of feelings. H6 - Exploring and managing the difficult emotions. H7 - Acknowledging and managing change positively. H8 - <b>Managing transition to secondary school</b>. H8 - Exploring and managing loss, separation, divorce and bereavement. H14 - Practising asking for help and knowing where to go for help</p> <p>English – Narrative – Story with a change within in – Use the scene from Narnia when the children are getting onto the train, explore emotions</p> <p>Maths – Measurements- solve problems including converting between units of time</p> <p>10 key skills – communicator, resilience, independent and self-aware</p> <p>Communicator</p> <p>Resilience</p> <p>Independent and self-aware</p> <p>EO – Transition videos online for primary to secondary – BBC bitesize</p>	<p>Transition, conflicting emotions, stress, anxiety, worries, solutions, self-care, coping strategies</p>
<p>Money Matters / Summer One</p> <p>Core Themes: Living in the Wider World: L13, L14, L15, L16, L18 Relationships: R15</p>	<p>L13 - Understand how finance plays an important part in people's lives. L13 - Understanding about being a critical consumer. L14 - Developing an understanding of the concepts of interest, loan, debt and tax. L15 - Identifying how resources are allocated and the effects on individuals, communities and the environment. L16 - Developing enterprise skills. L18 - Critiquing how social media presents information. R15 - <b>Recognising and managing dares</b>.</p>	<p>Advertising, manufacturing, techniques, product, critical consumer, save, borrow, loan, steal, wait, debt, interest, HMRC, tax, council tax, bills, fair trade, employability, entrepreneur, profit margin,</p>

	<p>English – Recount – Diary – You've been given £1000 pocket money What will you do with it?</p> <p>Maths – Measurement – use all four operations to solve problems involving measure (for example, length, mass, volume, money) using decimal notations, including scaling</p> <p>10 key skills – numerate, challenge, curious</p> <p><b>Numerate</b></p> <p><b>Challenge</b></p> <p><b>Curious</b></p> <p>EO – visitor from local bank.</p>	
<p>Being Safe / Summer Two</p> <p>Core Theme: Health and Wellbeing: H2, H10, H11, H15, H16, H21, H22, H23, H25</p>	<p>H2 - Understanding how to make informed choices. H10 - Exploring how to recognise, predict and assess risks in different situations. H11 - Understanding that increased independence brings increased responsibility to keep themselves safe. H15 - Explaining how rules can keep them safe. H15 - Identifying where and how to get help. H16 - Understanding the term 'habit.' H21 - Developing strategies for keeping physically and emotionally safe in different situations. H22 - Understanding the importance of protecting information particularly online. H23, H24, H25 - Understanding how to become digitally responsible.</p> <p>English –Persuasion- Poster – about keeping safe and protecting your information</p> <p>Maths – Geometry- positions and direction – describe positions on the full coordinate grid</p> <p>10 key skills – independent and self-aware, communicator</p> <p><b>Independent and self-aware</b></p> <p><b>Communicator</b></p> <p>EO – Link to safety week in March – Road, rail, water, first Aid</p>	<p>Pedestrian, independent, risk, hazard, danger, habit, addictive, social media, body image, fear of missing out, 'likes', secret, extremism, critical thinking, blogs, live streaming, online gaming</p>

